

Sports Newsletter



Welcome to the St. Andrew's Sport Newsletter - Summer Term

The children at St. Andrew's have worked incredibly hard this year and have achieved a lot in the space of just 1 year. Our Early Years children have been working on spatial awareness, throwing, catching, learning new games and how to follow the rules. Year 1 and 2 have been working on their target skills and hand eye co-ordination. Year 3 have been working on their health-related fitness, skipping, jumping and inventing their own PE lesson. Year 4 have worked hard during athletics, learning to jump, hop and run using correct starting positions. Year 5 and 6 have broken many school records, jumping the furthest in triple jump and the highest in vertical jump. They have also developed their yoga positions and how to relax and stay calm.



Basketball Club

Basketball continued to be very popular throughout the year and was fully booked from the first week. The children developed good dribbling, defending and shooting skills. They then put those skills into practice with a game at the end of each session. Well done to all the children that took part in the club and we look forward to basketball club re-opening in September 2023

Girl's Football

Girls football club proved to be very popular in the Summer term although we were unlucky with the weather! The girls have worked on their passing, shooting and tackling skills. Each week the girls have learnt a new skill and finished each session off with a mini match.

From September 2023 the club will remain on a Friday lunchtime but will now be available to KS1 children. There will be 20 spaces available on a first come first serve basis.

Ava showing her rainbow flick skills!



After school Football Club



EYFS PE

EYFS have had an action-packed year of throwing, rolling, patting, kicking and catching. The children in EYFS have enjoyed moving their bodies in different ways to the music and learning new dance routines. The children also finished the year learning new games and understating why rules are important.



Year 1 PE

Year 1 children have been learning how to throw using accuracy, have learnt different football skills including how to block a defender and pass to a partner. Year 1 have also extended their yoga knowledge, breathing and stretching and understanding the importance of being still. Year 1 have also worked hard in their athletics lessons.



Year 2 PE

Year 2 have enjoyed showing excellent flexibility in yoga and gymnastics. They now understand why it is important to stretch and warm up before exercise. Year 2 have also enjoyed running, jumping and skipping in their athletics lessons building up to Sports day.



Year 3 PE

Year 3 have enjoyed understanding the human body and its limits. Year 3 now understand why it is important to exercise and what happens to our body when we do. They have worked hard in athletics and enjoyed long and triple jump and passing the baton in relay racing.



Year 4 PE

Year 4 have been working incredibly hard with their skills this year, bowling, batting and catching in rounders and cricket but they have particularly enjoyed athletics. The children have enjoyed jumping over the hurdles, running in sprint races, passing the baton in relay, long distance running and jumping into the sand pit with a long and triple jump technique. This was great preparation for sports day.



Year 5 PE

Year 5 have enjoyed learning a range of skills this year from basketball, tennis, tag rugby and athletics outside in the sunshine to gymnastics and yoga indoors. The children enjoyed the challenge of learning to be calm and focus on their breathing. In athletics, the children have enjoyed attempting to break school records, jumping the highest and furthest or throwing a javelin the longest distance.



Year 6 PE

In Year 6 the children have spent the year working on their tennis, basketball, tag rugby, hockey, cricket and rounders skills. They also spent the first part of the spring term understanding the human body, what makes our pulse race and how to focus in different situations. Year 6 now understand why it is important to stretch before exercise and what happens to our body when we do. They have also worked hard in athletics learning the different ways to jump and land safely in the sand pit. Year 6 have also broken many school records, leaving us with many records for the children to attempt to break in the near future.



Athletics at St Andrews

EYFS



Year 1



Year 2



Year 3



Year 4



Year 5



Year 6



Year 6 Swimming Gala

On the Friday 26th May, Year 6 competed in the Year 6 inter house swimming gala. We took part in some individual race and relay races: 1 length front crawl, 1 length backstroke, 1 length breaststroke, a freestyle relay and a medley relay. We also did some fun relay races. Some of our favourites were the taxi race, the hoop race and the ball games. Some of the races were very close and we all had a great time!

1 st	Earth House	39 points
2 nd	Air House	31 points
3 rd	Fire House	29 points
4 th	Water House	24 points

Written by Year 6 Earth House

