## Sports Newsletter



#### Welcome to the St. Andrew's Sport Newsletter - Spring Term 2024

The children at St. Andrew's have extended their skills and their sporting activities during PE over the Spring term, learning some new sports. Our Early years children have been extending their skills with throwing, bounding and catching. Year 1 and 2 have been working on their throwing and catching and hand-eye co-ordination skills. Year 3 have been working on their agility, mobility and bowling skills. Year 4, 5 and 6 have all worked hard on their volleyball and basketball skills – volleying, setting, digging and serving eventually leading to a full match.

#### Girls Football club

Girls football club has proven to be incredibly popular, growing week on week and we celebrated 1 full year of the club. We now have over 40 regular girls attend each Friday lunchtime with a player of the week trophy being handed out for them to keep all week. Each week they keep improving on their skills and are ready to start competing against other schools and entering some local tournaments.



### **Breaking News!**

In November 2023 we entered a competition to win full premier league kit for the girl's football club in preparation for tournaments. 15 tops, shorts and matching socks. As the weeks went on we thought we hadn't won as we hadn't heard anything. Then, in February, we had an email from the premier league to say, congratulations you've been selected as a winning school!

Over 10,000 schools, primary and secondary, entered the competition and only 250 schools were chosen as the winners! And St Andrew's were one of those 250 schools. The girls are very excited to wear their shiny new kit for the next tournament, watch this space!



# Our latest purchase for PE lessons. Blaze pods!





BlazePod is a smart reaction training platform. BlazePod unequivocally improves the children's reaction time and agility in their PE lessons, fitness sessions and wet PE lessons in the most engaging and exciting way. With BlazePod's interactive app on the school lpad and the innovative light up pods that encourage physical and cognitive growth, our children can grow physically and mentally. We have had many a wet PE lessons where we have been in the classroom and our BlazePods have saved the day with a reaction game with the whole class which then lead to leader boards and fastest reaction times throughout the whole school. From EYFS to Year 6, the children thoroughly enjoy using them!



#### Tournaments attended this term



#### **Cross Country tournament**

St. Andrew's took part in this year's annual cross-country competition and did us all very proud. The children worked incredibly hard in training, leading up to the event. Year 3 and 4 ran 1000 metres whilst the year 5 and 6 children ran 1500 metres. Our only year 3 boy, Joshua ran an excellent race. Next, was our only Year 4 girl, Betty who ran very well placing 2<sup>nd</sup>, qualifying for the next round. After Betty's race, the Year 4 boys, Joshua, Benny, Dougie, Hunter and Hero were ready to run their leg. The boys were grouped together for most of the race but Hero found some extra steam from somewhere, finishing just before the rest of his friends.

Aimee and Rowan, from year 5, competed their race against the biggest field, 40 other girls, and running 1500 metres. Aimee did an amazing job, coming 2<sup>nd</sup> and Rowan did very well too, considering she ran with a foot injury, coming 3<sup>rd</sup>. Both girls qualified for the finals. Then came the race of our Year 5 boys – Freddie, Darcy, Sebastian, Teddy, Stanley N. They had an exciting race as they were against over 40 other children! Darcy raced off into first place and held that position for most of the race. Unfortunately, Darcy was slowly being caught up by the rest of the field but still finished the race, as did the rest of the boys. The results were in and we, St Andrew's thought just the girls, Betty, Aimee and Rowan had qualified for the next round but our Year 4 boys had accumulated enough point as a team to qualify for the next round!

All the children showed great sportsmanship and kindness, cheering everyone on.



#### Cross Country 2nd round

On Tuesday, 5th March 2024, 8 children from St Andrews and 1 child from Feering had qualified for the cross-country final's competition at Tabor Academy. The Year 3s and 4s ran 800 metres and the Year 5 and 6 children ran 1500 metres. The first to compete was Oscar from Feering in year 3. Oscar finished in 10th place out of a field of 43 boys.

The next to compete were the St Andrews children. Betty from year 4 ran an excellent race also finishing 10th in a field of 44 girls. Following Betty's race, Jacob, Dougie, Benny, Hunter and Hero competed in the year 4 boys' race with the biggest field of the day. Over 60 boys competed in this race and Hunter finished 23rd, Hero 26th, Jacob 27th, Benny 34th and Dougie 36th. Finally, it was time for the year 5 girls, Aimee and Rowan. Both girls ran a very wet and soggy race with the course being very slippery. With another large field of 53 girls, Rowan finished 8th and Aimee 4th. Unfortunately, only the top 3 finishers from each race qualify for the regional finals so Aimee was incredibly close!

All the children displayed all of the core St Andrews and Feering values, especially perseverance. Each time we take our children to an event they make us feel incredibly proud. Mr Reeve and the children would like to thank Oscar's mum, Miss Burrett Mrs Holloway for coming with us and helping us in rain!



#### Past Pupil Heroine

Since she left St. Andrew's in 2019, we have followed the achievements of Freia Challis with such excitement and pride! BMX star Freia, who is now in Year 11, has claimed three world championship titles as well as third place in SportsAid's One-To-Watch Award in 2023. As you read this, Freia will be competing in the 2024 BMX World Cup in Belgium and she has her sights firmly set on the 2028 Olympics. This week, members of Collective Worship Committee have written to Freia inviting her back to St. Andrew's to talk to us about her journey and we're hoping to hear back from her on her return from Belgium.

Watch this space!



### Photos from Spring term PE lessons





# National Skipping Day Friday 22<sup>nd</sup> March





