

Sports Newsletter



Welcome to the Autumn Term St. Andrews Sports Newsletter!

As we look forward to the festive period, the children of St. Andrew's have been very busy with their sporting activities. Our Early Years children have already started rolling, sliding and jumping. Year 1 and 2 are practicing their tennis and football skills. Year 3 and 4 have been bending and leaping in Gymnastics and year 5 and 6 have been throwing, catching and tagging during their Tag Rugby lessons. The children in Year 5 and 6 have also enjoyed their weekly swimming lessons at Halstead Leisure Centre. St. Andrew's

Basketball Club

Every Thursday the children have been taking part in a variety of basketball activities building skills that include dribbling, passing, shooting and 3 pointers!

National Basketball Association - watch out, we have some upcoming stars at St. Andrew's!



Teddy Bear Olympics Club

Every Friday the children enjoy choosing their teddy bear and trying out different activities. These include rolling objects, bouncing, catching and throwing.

Paris Olympics 2024, you have some contenders!

Well Done all !



Archery Club

Archery Club proved to be very popular this term and will continue into Spring term. The children were very excited to learn the safety aspects of archery, how to fire with accuracy and score a bullseye!

The children learnt how to clip in their arrow safely to the bow and keep the arrow pointing down whilst waiting for the other children. When all children were ready, they all fired together and collected their fired arrows together, keeping all children safe within the firing zone.

Some children have also expressed an interest in archery outside of school and we have been discussing the history of bow and arrows through the years and the different types used.

EYFS PE

The children in Early Years have been moving their bodies in lots of different ways in time to music. They have also been learning to stop safely, navigate the space around them safely and throw different size objects using “Tick, Tock, Step & Rock”.

Year 1 PE

In Year 1 the children have been learning how to throw using accuracy. They have learnt different football skills including how to block a defender, using their iron bar. Pass to a partner, shoot between the cones and stop the ball. Year 1 have also extended their gymnastics skills including the pencil roll, egg roll, jumping, landing and twisting.

Year 2 PE

In Year 2 the children have enjoyed showing their tennis, football and hockey skills in PE this term. The children have learnt how to volley, dribble, slice and shoot. They have also been learning to stretch, curl and arch during their gymnastics lessons.

Year 3 PE

Year 3 have been learning different skills and vocabulary during their PE lessons this term. These include serving, smashing, lobbing, drop shot, base line and grip in badminton. During their Tag Rugby lessons, the children have learnt how to pass the ball backwards whilst running forwards, defend, attack, score a try and tag safely.

Year 4 PE

Year 4 have been enjoying tag elimination during their PE lessons this term whilst learning other Tag Rugby skills. The children have learnt how to pass the ball backwards whilst running forwards, defend, attack, reset, score a try and tag safely whilst playing a game. They have also been learning different badminton skills leading up to playing doubles games.

Year 5 PE

In Year 5 the children have been practicing their swimming skills and are making fantastic progress. Some children can already swim 25 metres or more. During their PE lessons in school, they have been focusing on the match play during a Tag Rugby game. “Making sure the game flows and being quick to reset your defence is important to stop the attacking team” was a quote from one child.

Year 6 PE

Year 6 have been swimming during their PE lessons this term and over 50% of the children can already swim 25 metres or more. Whilst at school, the children have been extending their knowledge of what it takes to be fit and healthy and how to make healthy choices when exercising or eating. Year 6 took part in many different types of health and fitness activities including, press ups, triceps dips, skipping, burpees, rope climbing and many more.

Tournaments Attended This Term



Football Tournament

On the 20th September we competed in a football competition. The team was made up of Jude, Ollie, Will, Seth, Kayden, Eddie and Jacob. We played 4 matches in total. In our first game we won 2-1. In our second game we lost 4-0. In our third game we lost 3-0 and in our last game we drew 1-1 so the game went to a penalty shootout against Gosfield. Gosfield took the first kick and scored. We took the next and we scored too. Gosfield then stepped up to take their second penalty kick and missed. Eddie took our penalty kick to win the game and scored! We won 2-1 on penalties. All the teams at the tournament played really well and we came fifth out of eight teams overall. Written by Will, Jude and Ollie.

KS1 Tennis Festival

The children from KS1 took part in a Tennis Festival where they were able to show their tennis skills. They were taught to volley, throw, catch and move their bodies in different ways.



Dodgeball Tournament

Children from KS2 took part in a Dodgeball Tournament which took place at Notley High School. St. Andrew's displayed excellent sportsmanship and fair play. Having won their first game 3-1, the children were feeling confident going into the second game. Unfortunately, they came up against the eventual winners and lost 3-0. The children went on to play 3 more games, winning one and losing another two. St Andrew's dodgeball team eventually came 4th overall and did themselves and the staff very proud.