

## ASAT PESSPA (Physical Education, School Sport, Physical Activity) Intent, Implementation and Impact

Children are more motivated to participate in active play throughout the day, increasing overall fitness levels and understanding the effect of activity on the body.

Children are Identified for demonstrating sporting values, increasing motivation in sessions and understanding of awareness of the values.

Termly bleep tests increase fitness levels and make children more aware of these. Challenging pupils to reach higher levels each data point.

TA's grow in confidence and can be more Involved In assessing and supporting PE session providing higher quality and more Inclusive PE sessions.

During the time at St Andrew's children experience at least 22 different sports from all aspects of the curriculum.

A high percentage of children (89%) enjoy their PE sessions and enjoy the range of clubs they take part in which shows that more children can find their passion for a sport.

Our curriculum offers a broad range of sports for all children across the school, delivering 6 weekly blocks Including; invasion games, net + wall, Striking + fielding, dance, gymnastics, swimming

Children present a 'have a go' attitude and not always participating to win.

90% of children agreed that the KS2 taster weeks encourage them to get more involved in PE. As a response we now run multi-sport, fencing and orienteering clubs which were fully booked in either the Autumn or Spring Term.

Maintain high uptake of clubs such as multi-sport, fencing and orienteering in future terms. Active Cup step counters are used by classes to promote active movement throughout the school day.

and OAA.

To engage less physically

active children, provide 6

weeks of taster sessions in

sports children would not

commonly take part in. For

example: yoga, archery,

orienteering and team

challenges.

Sports cups are awarded weekly to a child who demonstrates the sporting values, increasing the awareness of PESPPA.

## Implementation

Impact

Termly bleep tests are conducted In KS2 and data Is recorded to track fitness levels throughout KS2.

KS2 Classes are taught swimming with qualified coaches from a local pool and swimming lengths and competency are recorded termly.

TA's are trained to support continued assessment across all year groups.

Intent

- Develop competence to excel in a broad range of physical activities.
- Ensure children are physically active for sustained periods of time.
- Enable confidence to participate and officiate in competition.
- Provide challenging sport opportunities for all children to excel.
- Develop skills and confidence to continue sport beyond the school curriculum.
- Lead healthy and active lifestyles both in and out of school.

Children participate in 2

hours of high quality and Inclusive sport sessions 2 hours a week with a qualified Sports QTS Teacher.

Schools are part of NEWSSP to provide more opportunities to participate in competitive sport and to increase the amount of SEN and PPG participation in events too.

Our curriculum Is designed to build upon previous learning as well as; children's questionnaires, access to local clubs, children's needs and providing a balanced coverage of all aspects of PE.

Children are aware of transferable skills and become well-rounded

sportsmen/women as a

result.

Children have an

understanding of a range

of sports and are taught

both the skills and the

rules to be able to master

a range of sports.

Children have the

opportunity to participate

in sports events, resulting

in more confidence and

awareness of preparation

and competition.

The children can access a curriculum designed for them Increasing motivation levels and passion for sport beyond the school curriculum which can be accessed in the local area.

To offer a broad range of extra-curricular activities. Strong links are made with local clubs, with a yearly plan so a range of clubs are run over a year, including multi-sports. As part of this, to provide PPG children the opportunity to access these, clubs offer 2 free PPG spaces.

ASAT host an annual sports fair where local clubs are Invited to showcase their sports to parents and provide free trials to children. They are given the opportunity to engage our school community to build a passion of sport beyond school.

To promote mastery, progression and transferable skills; we have created 6 core themes which are developed each year through specific sport-related sessions; attack + defend, strength, technique, agility, balance, throwing + catching.

More children get involved with extra-curricular clubs as there is a wider choice. PPG children can access more clubs which they wouldn't normally be able to.

We aim to fill 100% of free PPG places.

Children have a greater opportunity and awareness of local sports clubs, increasing the chances that they will continue a passion for sport out of school further developing their sporting skills.

The 6 core themes mean children are more aware of their strengths and weaknesses In PE and can actively work on these In PE sessions.