

St. Andrew's Long-Term Overview – 2021.22 Plan

Pupils should be taught to: <ul style="list-style-type: none">• Develop competence to excel in a broad range of sports• Physically active for long periods of time• Engage in competitive sport• Lead healthy, active lifestyles		KS1 <ul style="list-style-type: none">• Master basic movements including running, jumping, throwing and catching• Develop balance, agility and coordination• Participate in team games• Perform dance moves using simple patterns		KS2 <ul style="list-style-type: none">• Play competitive games and to understand attacking and defending• Develop our 6 core values• Perform dances using a range of routines• Compare and comment on their performances• Understand rules and use tactics		
Year Group	Autumn 2020		Spring 2021		Summer 2021	
	1	2	1	2	1	2
EYR	Ball Skills	Tennis Forest School	Dance Forest School	Gymnastics Forest School	Athletics	Striking + Fielding
Year 1	Net + Wall Gymnastics	Net + Wall Gymnastics	Dance Fundamentals	Invasion Games Football	Athletics Yoga	Athletics Striking + Fielding
Year 2	Striking + Fielding Dance	Fundamentals Gymnastics	Invasion Games Net + Wall	Target Games Yoga	Athletics Dance	Athletics Multi-Sport
Year 3	Dodgeball Gymnastics	Invasion games Dance	Basketball OAA Tasters*	HRF Football	Athletics Cricket	Tag Rugby Rounders
Year 4	Tennis Swimming	Golf Swimming	OAA Tasters* Swimming	Netball Swimming	Athletics Hockey	Athletics Handball
Year 5	Cricket Swimming	HRF Swimming	Football OAA Tasters*	Volleyball Gymnastics	Athletics Swimming	Invasion Games Swimming
Year 6	Dodgeball Cheerleading	Volleyball HRF	Multi-Sport Tournaments Swimming	Basketball Swimming	Athletics Swimming	Rounders Tag Rugby Swimming

OAA tasters – Orienteering, Archery, Team games, Exploring, Symbols