

Sports Newsletter



Autumn St. Andrew's Sports Newsletter

To meet guidance on physical activity, schools, parents and the school sector must work together to ensure that children have access to at least 60 minutes of physical activity every day. As a school, we have worked hard this term on increasing active opportunities for all children before, during and after school. If you are interested in getting your child involved in a sports club outside of school then please speak to Mr Littlewood who can recommend one.

Tom Littlewood – PE + Active Lead



Active Cup

This term we have introduced the Active Cup! Each day a new child in each class is given an activity watch to track the number of steps they take throughout the day. The class with the most steps at the end of the week are then awarded the activity cup. As a result, we have seen children more motivated to engage in active play through the school day.

Flash & Bash Walls

We are really excited to announce the installation of our new Flash & Bash walls. They are hi-impact reaction walls, designed for fitness, health and fun. Combining movement, action, co-ordination and problem solving making it a great addition to increase active play at break and lunch times. The children have also been using it during PE sessions and we look forward to creating a class leader board too.



Walk to School

In an initiative to increase the amount of active travel to school we have introduced the 'Walk to School Challenge!' Each day, children input how they travelled to school and if they complete enough active travels in a month they are rewarded with an active badge. If you live too far to walk you can choose the 'park and stride' option, parking away from the school and walking for at least 10 minutes to class.

KS2 Dodgeball

On Wednesday 10th November, a team of 10 St. Andrew's children attended the KS2 Dodgeball competition. They all played brilliantly and demonstrated fantastic teamwork, finishing in 3rd position and progressed to the district finals.

At the district finals held on 29th November, St. Andrew's faced some formidable competition but came away with 3 wins and once again finishing 3rd. A great achievement for all the team.

Well Done to: Issy, Ava, Lola, Leo, Riley, Harley, Kalen, Charlie B, Jack.



Our 6 core themes

At St. Andrew's, as part of our whole school partnership, we have developed 6 core themes which are progressed through each of our PE sessions; strength, agility, throwing & catching, balance, technique and attack & defence. By teaching fundamental movement skills in KS1, we prepare children for a greater depth of learning whilst teaching specific sports in KS2. Children are also given the opportunity to officiate games during lessons, deepening their understanding of the rules.



Autumn 2 Curriculum:

EYR: Dance

Y1: Tennis + Dance

Y2: Fundamental Movement Skills
+ Gymnastics

Y3: Invasion Games + Reaction

Y4: Golf + Swimming

Y5: Fitness + Swimming

Y6: Fitness + Volleyball

George & Harry in Year 1 using the Flash & Bash Walls